

**MINUTES
NUTRITION ADVISORY COUNCIL
THURSDAY, OCTOBER 25, 2012
PUBLIC AGENCY CENTER
ROOM 1023**

THOSE PRESENT: Joan Gindt, Sue Hafert, Phyllis Laabs-Darkow, Rudy Tonz, Dennis Meyers, Kristen Hosking

Excused: Ann Lydon, Betty Hallen

CALLED TO ORDER

The meeting was called to order at 1:00 PM by Chairperson Sue Hafert.

NOTICE OF POSTING

Notice of posting was given by Chairperson Sue Hafert.

APPROVAL OF AUGUST 23, 2012 MINUTES

Moved by Joan Gindt, seconded by Phyllis Laabs-Darkow to approve the August 23, 2012, minutes as presented. Motion carried.

MEDICARE PART D SEASON

Kristen reminded the Council that Medicare Part D appointments are currently taking place. The timeframe for seniors to make any changes to their plan is now through December 7th. Kristen reported that ADRC staff has been busy with appointments, and the Part D computer classes and Turning 65 Medicare classes are going well. Council members also received a handout from the State of Wisconsin Department of Health Services that explains where SeniorCare is in the renewal process.

FARMERS' MARKET UPDATE

2012 Senior Farmers' market vouchers are good only through October 31st. Participating farmers will then have until November 15 to deposit their checks. Eventually, the State of Wisconsin will send out a report showing the voucher redemption rate for each county. In the past, Washington County's redemption rate has always been pretty good. Kristen provided an update to the Council regarding the Senior Farmers' Market Nutrition Program (SFMNP) for 2013. The State did receive notice from the USDA that the continuing resolution put in place to keep federal programs running, did not include the Senior Farmers' Market Nutrition Program. As a result, the Senior Farmers' Market has expired. As far as a program for 2013, there are two scenarios:

1. The SFMNP is authorized through the Farm Bill and it is included in proposed bills for the Farm Bill authorization. It is hopeful that the SFMNP will be reauthorized with the Farm Bill.
2. If the Farm Bill is not signed under the current administration, the House and Senate may need to start over and write new bills.

HOLIDAY MEALS

The holidays are right around the corner which always means a change in Senior Dining hours and meal delivery. Kristen explained that the Senior Dining program will be closed on Thanksgiving Day and the day after Thanksgiving. Each participant will be given the option of ordering one cold meal for Thanksgiving and one cold meal for Friday. For the Christmas and New Year's holidays, the Senior Dining program will not be offering cold meals this year due to the program being closed on Monday/Tuesday. Kristen has asked each meal site manager to assess their participants and provide her with a list of seniors they feel might be at nutritional risk while the program is closed 2 days in a row. Kristen will then contact the participant/emergency contact to remind them about our closing and make sure they will have something to eat.

The Council then discussed the Holiday meal that will be provided through the Senior Dining program. Holiday parties will be held the week of December 10 thru 14th. The Council provided their suggestion of cherry glazed pork tenderloin, some type of potato, peas & carrots or peas & pearl onions, and either the strawberry torte or lemon torte. Kristen will be meeting with the meal site managers to finalize the menu and she will provide them with the Council's recommendations.

MEAL SATISFACTION SURVEYS

Currently the satisfaction surveys for both the congregate and home delivered meal programs are being completed by participants. Quite a few of the surveys have been returned and Kristen reported that the majority of them have been favorable. Kristen will wait until the end of the month and then start tallying all of the results. Results will then be given to each meal site manager and they will be sent to the Council members.

Kristen also provided the Council members with a copy of a letter that will be distributed to all home delivered meal volunteer drivers. This letter expresses the importance of not leaving a meal when the participant is not home to receive it. Each Council member reviewed the letter and thought it appropriate to hand out.

SITE SHARING

West Bend: Rudy reported that the West Bend Senior Center has a trip to the Schauer Center planned. Those that sign up will see a show and go to Ponderosa for lunch. It was also reported

that there have been a lot of activities happening; the exercise classes are going well; and they feel Deb, the new director, is doing a wonderful job.

Germantown: The Germantown Senior Center will be holding its annual bazaar on Saturday, October 27th, from 9:00 am – 3:00 pm. There will be 18 tables with crafts, bakery and rummage items. Lunch will be available for purchase. The center is also having a murder mystery party on Wednesday, October 31st. This will also include a chili dump for lunch.

Meadowbrook Manor reported that they continue to stay quite busy with both congregate and home delivered meals.

Chairperson Sue Hafert thanked everyone for attending the meetings this past year.

DESIGNATION OF FUTURE MEETINGS

The next meeting of the Nutrition Advisory Council will be held in April 2013, exact date to be determined.

ADJOURNMENT

Moved by Rudy Tonz, seconded by Joan Gindt to adjourn the meeting at 2:00 pm. Motion carried.