

**MINUTES
NUTRITION ADVISORY COUNCIL
THURSDAY, JULY 25, 2013
PUBLIC AGENCY CENTER
ROOM 1023**

THOSE PRESENT: Sue Hafert, Ann Lydon, Phyllis Laabs-Darkow, Joan Gindt, Kristen Hosking

Excused: Betty Hallen, Rudy Tonz, Linda Olson

CALL TO ORDER

The meeting was called to order at 1:03 PM by Chairperson Sue Hafert.

NOTICE OF POSTING

Notice of posting given by Chairperson Sue Hafert.

APPROVAL OF MAY 23, 2013 MINUTES

Moved by Phyllis Laabs-Darkow, seconded by Ann Lydon to approve the May 23, 2013, minutes as presented. Motion carried.

FARMERS MARKET UPDATE

All distribution sites have been visited and attendance was high, especially in Hartford and West Bend. There are still eight (8) sets remaining and they need to be distributed to qualifying seniors. Kristen does have a few people that have called and are interested in the program, so it shouldn't take long to issue the remaining sets.

MEAL PROGRAM AND DONATIONS

The Council discussed suggested donations for both congregate and home delivered meals for 2014. Kristen mentioned that the ADRC has not increased the suggested amount per meal in some time, as it remains a donation and increasing the suggested amount may discourage people from attending the meal program. All Council members present agreed on keeping the suggested meal donations at \$3.60 for congregate meals and \$3.90 for home delivered meals.

At the last Council meeting, we discussed total donations and Kristen presented numbers on congregate donations for both January through April of 2012 and January through April of 2013. At the request of Ann Lydon, Kristen mentioned that the total meal program donations for those same time periods were \$48,527.75 in 2012 and \$58,138.29 in 2013.

HARTFORD OFFICE INFORMATION

The Hartford office is now staffed by ADRC personnel on Wednesdays, from 8:00 AM – 4:30 PM. The office is located across the street from the Aurora Medical Center in Hartford.

ADVOCACY

Kristen reminded Council members that most lawmakers will be back in their home states for summer recess August 3 through September 8. When Congress returns to Washington DC in

September, they will face funding decisions on various programs, including the Older Americans Act (OAA). The OAA is actually overdue for reauthorization and this bill includes senior services like meals, caregiver support, etc. Kristen reminded the Council that recess time is a great time to contact lawmakers and educate them on the importance of OAA programs.

SITE SHARING

West Bend

Joan reported that Deb (Senior Center Director) is contacting everyone that has stopped into the Senior Center and she is inviting them back. The invitation contains a list of activities available. They are also trying to plan a trip to the Brewers game in September. Joan also mentioned that the music programming and exercise programs are going very well.

Meadowbrook

Phyllis reported the participation at the meal site has been good, and the meal delivery has also increased.

Jackson

Ann reported that things are going well at the Community Center and their home delivery has increased. They are now splitting the home delivered routes to make deliveries better and more efficient.

Germantown

Sue reported that the Strong People exercise class is going great. The Building Better Bones program has also started there, meeting on Tuesday mornings and 12 people have signed up. The Senior Club had their picnic with 96 people in attendance. The picnic had to be indoors due to the heat. They will also be holding a bazaar in October.

DESIGNATION OF FUTURE MEETINGS

The next meeting of the Nutrition Advisory Council will be held Thursday, August 29, 2013, at 1:00 PM in Room 1113 A of the Public Agency Center, 333 E. Washington Street, West Bend, WI 53095.

ADJOURNMENT

Moved by Joan Gindt, seconded by Phyllis Laabs-Darkow to adjourn the meeting at 1:52 PM. Motion carried.