

**MINUTES  
NUTRITION ADVISORY COUNCIL  
THURSDAY, JUNE 28, 2012  
PUBLIC AGENCY CENTER  
ROOM 1023**

**PRESENT:** Sue Hafert, Betty Hallen, Ann Lydon, Rudy Tonz, Kristen Hosking

Excused: Phyllis Laabs-Darkow, Joan Gindt

**CALL TO ORDER**

The meeting was called to order at 1:04 by Chairperson Sue Hafert.

**NOTICE OF POSTING**

Notice of posting given by Chairperson Sue Hafert.

**APPROVAL OF MAY 24, 2012 MINUTES**

Moved by Ann Lydon, seconded by Betty Hallen to approve the May 24, 2012, minutes as presented. Motion carried.

**FARMERS' MARKET UPDATE**

Kristen informed the Council that this year the request for Farmers' Market Vouchers was at an all time high and that 228 of the 230 sets have been distributed. The remaining two sets will be distributed tomorrow, so all sets are accounted for.

**ADVOCACY UPDATE**

Kristen gave the Council information about things happening at the Federal Level. According to the National Council on Aging, the 2013 Appropriations process currently has good news for aging programs. Kristen explained that the Senate recently passed the Farm Bill, which includes money for the Senior Farmers' Market Program, and that bill will now move on to the House. She also discussed information from NCOA regarding currently appropriations for Falls Prevention, Chronic Disease Self management programs and the Older Americans Act. Senator Herb Kohl has been a leader on Falls Prevention.

**NUTRITION ADVISORY COUNCIL PROCEDURES**

Kristen and the Council discussed the Nutrition Advisory Council roles and getting membership. She announced that Carol Maas has recently resigned from the Council due to driving issues. Kristen proposed a new idea for meetings to the group, as a way to get more involvement from each site. Kristen suggested continuing to have Nutrition Advisory Council members from each site possible, and still meet together at least twice a year. Then throughout the rest of the year, Kristen would set up individual times with each meal site to meet with participants and discuss topics affecting the Senior Dining Program and other ADRC topics. The Council was in favor of the idea and thought it would be a better way to get more involvement. The group will continue to meet as usual for 2012 and then discuss options for 2013.

## **NUTRITION EDUCATION**

Kristen asked the Council about ways to get nutrition education to the sites and what topics they felt were important to present. Suggestions included use of placemats, word searches, and sheets of paper with information that participants could take home. Topics included medications, tips on cooking/shopping for one, nutrition and exercise. Council members will ask participants at their sites for other suggestions.

## **SITE SHARING**

**Germantown** - Sue informed the group that Germantown hosted their club picnic on June 27. They had the picnic inside due to the heat. There were about 110 people there for the food.

**Jackson** - Ann said the Jackson Seniors had their men's "Ugly Tie Contest" which went along with their previous "Hat Contest" for the ladies. There were 3 winners for each contest. The men received peanuts and a chocolate bar and the ladies received a plant. Jackson recently had "Action in Jackson" and the seniors are discussing having a float in the parade next year.

**West Bend** - Rudy mentioned that the West Bend Senior Center will have their annual 4<sup>th</sup> of July party with food and trinkets for the kids and then watching the fireworks.

## **DESIGNATION OF FUTURE MEETINGS**

The next meeting of the Nutrition Advisory Council will be held on Thursday, August 23, 2012, at 1:00 p.m. in Room 1023 of the Public Agency Center.

## **ADJOURNMENT**

Moved by Ann Lydon, seconded by Rudy Tonz to adjourn the meeting at 2:20 p.m. Motion Carried.