

**MINUTES
NUTRITION ADVISORY COUNCIL
THURSDAY, MAY 23, 2013
PUBLIC AGENCY CENTER
ROOM 1023**

THOSE PRESENT: Sue Hafert, Ann Lydon, Rudy Tonz, Kristen Hosking, Linda Olson

Excused: Joan Gindt, Phyllis Laabs-Darkow, Betty Hallen

CALL TO ORDER

The meeting was called to order at 1:02 PM by Chairperson Sue Hafert.

NOTICE OF POSTING

Notice of posting given by Chairperson Sue Hafert.

APPROVAL OF OCTOBER 25, 2012 MINUTES

Moved by Ann Lydon, seconded by Sue Hafert to approve the October 25, 2012, minutes as presented. Motion carried.

ELECTION OF COUNCIL CHAIRPERSON:

Sue Hafert agreed to continue on as Chairperson for 2013. No other nominations made. All in attendance in favor of Sue continuing as Chairperson.

ADRC HEALTH AND WELLNESS UPDATE:

Kristen provided information on the Health and Wellness programs that the ADRC is currently providing. These classes include Walk with Ease, Strong People, Stepping On, Living Well and yoga. Kristen explained that the ADRC is trying to hold a Living Well class in West Bend beginning in June, but the registrations have been low. She has talked to various groups about the class, and people seem interested, but they are not willing to commit to the 6 week time period. Kristen mentioned that the ADRC may ask for The Council members' help in promoting the classes.

Linda provided an update on the ADRC. Linda also discussed Health and Wellness Services, along with performance measures of the Benefit Specialists, Information and Assistance Specialists and the meal program. Linda provided each Council member with a handout showing the ADRC performance measures and outcomes.

FARMERS' MARKET 2013

Kristen reminded the members that Farmers' Market season is almost here and the distribution schedule for the Farmers' Market vouchers has been established. Each Council member received the date and time staff would be at their site distributing the vouchers, along with the current income guidelines. Kristen reminded the Council members that vouchers are distributed on a first come-first serve basis and numbers will be handed out at each site.

One of the distribution sites was discussed by the Council, as people show up very early to get their number, they leave and come back later at the distribution time. This has caused some difficulties as people “panic” to get their numbers and start to arrive earlier and earlier. The Council discussed solutions to this and it was agreed that all numbers will be distributed at a set and listed time.

SENIOR DINING MEAL COUNTS AND UPDATE

Council members received a handout that showed meal counts for January thru April 2012 and January thru April 2013. Overall, the total number of meals ordered is up. Some of the meal sites have had a 9% increase from last year. The Council also discussed average donations, which are down a little, but fairly stable. Ann Lydon requested to see the total congregate and home delivered donation amounts for the same time period and asked that it be presented at the next meeting.

SITE SHARING

Ann Lydon stated that the Jackson Community Center has started a lending library. She said this is working out very well and she notices seniors picking up books every week. The Jackson Seniors are also having a His & Hers party on Tuesday, June 4th. They will be having socialization, snacks and beverages.

Rudy mentioned that the West Bend Senior Center had a Brewer game scheduled, but they did not get enough people signed up to attend. They are trying for another game in fall. He also mentioned that they have a Memories dinner and show event coming up.

Sue reported that the Germantown Senior Center will be having a program on Wednesday, May 29th. They have a program scheduled in the morning, a catered lunch and then comedy entertainment. The fourth Wednesday in June will be their Club Picnic in the Park (weather permitting).

DESIGNATION OF FUTURE MEETINGS

The next meeting of the Nutrition Advisory Council will be held Thursday, June 27th at 1:00 PM in Room 1023 of the Public Agency Center, 333 E. Washington Street, West Bend, WI 53095.

ADJOURNMENT

Moved by Ann Lydon, seconded by Rudy Tonz to adjourn the meeting at 1:55 PM. Motion carried.