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3 **WASHINGTON COUNTY**
4 **AGING AND DISABILITY RESOURCE CENTER BOARD**

5
6 Public Agency Center
7 West Bend, WI

July 17, 2012
12:00 p.m.

8
9 **PRESENT:** Daniel Goetz, Rick Gundrum, Bette Koch, Donald Kriefall, Lori Luetschwager,
10 Alan Peters, and Sandy Zopf.

11
12 **EXCUSED:** Robert Milich.

13
14 **ALSO PRESENT:** Linda Olson, ADRC Director; and Deputy Clerk Mary G. Lemke.

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16 **CALL TO ORDER – NOTICE OF POSTING**

17 Chairperson Gundrum called the meeting to order at 12:00 p.m. and the Affidavit of Posting was
18 read.

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20 **APPROVAL OF MINUTES**

21 Moved by Mr. Peters, seconded by Mr. Kriefall to approve the June 21, 2012, minutes as
22 presented. Motion carried.

23
24 **ITEMS FOR DISCUSSION AND POSSIBLE ACTION**

25 2013 – 2015 County Aging Plan Process Overview

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27 **Public Hearing Requirements**

28 Ms. Olson explained that each county is required to submit to the State, an Aging plan every
29 three years and it is now time to prepare an Aging Plan for 2013-2015. Due to Federal funding,
30 there is a requirement to have public input on the plan's goals and objectives.

31
32 To assist with developing the goals and objectives of the plan, Ms. Olson is proposing using
33 public open forums instead of public hearings to discuss services and get feedback. Ms. Olson
34 informed the committee that budgets are done every year, but the goals and objectives are
35 something that we need to work on over a three year period. The State informs us of certain
36 priority areas required in the plan. Ms. Olson would like to start with the public hearing
37 requirements, which will provide input from the people receiving these funds and using these
38 services. In the past the Public Hearings did not provide a lot of response, so Ms. Olson would
39 like to go to Senior Centers and places where the elderly are gathered and hold open forums,
40 possibly Jackson, Germantown, and Hartford. The draft plan needs to be completed by
41 September 1, 2012, and Ms. Olson recommends some of the ADRC Board members attend some
42 of these forums.

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44 **Environmental Scan**

45 Ms. Olson noted that an Environmental Scan needs to be completed as part of the three year
46 plan. This is actually an executive summary of the County Aging plan, and will look at internal

1 strengths and weaknesses. Ms. Olson is gathering data and will put together an overview of
2 everything for this Board to review.

3
4 The state wide focus areas that are required to be included are as follows:

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6 Development of a System of Home and Community Based Services. Ms. Olson stated that
7 specifically they are talking about how the Office on Aging is going to work with the ADRC,
8 and since we are the ADRC this portion would be covered. We will need to look at how we can
9 strengthen our system.

10
11 Older Americans Act, which is Title III(b) or Title III(c). Title III(c) is nutrition, home delivered
12 meals. Title III(b) is support services such as adult daycare, outreach, and assessments, and Ms.
13 Olson stated that we do have an opportunity to decide what our priorities are in those areas.

14
15 Alzheimer's, Diseases and related disorders. Washington County will be required to address how
16 we will be handling these issues on a local level. Ms. Olson stated that the Alzheimer's
17 Association in this area provides educational presentations.

18
19 Emergency Preparedness. The ADRC has been working very closely with Emergency
20 Management, Human Services, and the Red Cross to develop a plan for people with functional
21 needs if they are required to be sheltered.

22
23 Evidence Based Prevention Programming. Nancy Gloede, R.N. provides health and wellness
24 screenings through the Aging & Disability Resource Center. These include blood pressure
25 screenings and patient education. Patient education includes reviewing medications and their
26 side effects, answering questions about medical conditions, and explaining tests and treatments.
27 We also have Living Well classes in which we will try to increase the physical activity of
28 individuals.

29
30 The County needs to determine our own local focus area. Ms. Olson suggested that we do more
31 of the public education efforts as she feels that we are not reaching enough people with
32 information. Livable communities are another area of possible focus, in which communities
33 need to plan for people who are going to age or become disabled. Another local focus area
34 would be the Senior Centers in the county where we have the opportunity to strengthen the
35 Centers. The ADRC Board discussed how to reach the public using Radio programs and other
36 activities.

37
38 2013 Budget Priorities

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40 **Older Americans Act Budget Allocations and Formula**

41 Ms. Olson stated that because of our increase in population in Washington County, and the
42 change in formulas, we will see a modest increase of possibly 5% in our federal funding of the
43 Older American Act funds.

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1 **Program Wait List Policy Discussion**

2 The Board discussed the need for a wait list policy for meals due to the increase in the number of
3 people in Washington County and decided a wait list for meals was not appropriate.

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5 ADRC Report

6 **County Fair Promotional Activities**

7 Ms. Olson informed the Board that Senior Citizen Day at the Washington County Fair will be on
8 Wednesday, July 25, 2012. Ms. Olson reviewed the schedule of events that are taking place at
9 the Pavilion building stage for Senior Day.

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11 **Aging Network Conference – September 20-21, 2012**

12 Ms. Olson informed the Board that the Greater Wisconsin Agency on Aging Resources is
13 sponsoring an Aging Network Conference, in the Wisconsin Dells on September 20, and 21,
14 2012. If any ADRC Board members are interested in attending, they should contact Ms. Olson.

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16 **NEXT MEETING DATES**

17 The next meeting of the ADRC Board will tentatively be Thursday, August 23, 2012, at 1:00
18 p.m., for budget reviews of the ADRC and Veterans Service Office.

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20 **ADJOURNMENT**

21 Moved by Ms. Luetschwager, seconded by Ms. Koch to adjourn at 12:55 p.m. Motion carried.

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Brenda J. Jaszewski, County Clerk