

MINUTES

NUTRITION ADVISORY COUNCIL

THURSDAY, OCTOBER 21, 2010

PUBLIC AGENCY CENTER ROOM 1113 B

THOSE PRESENT: Sue Hafert, Evelyn Thiemer, Betty Hallen, Rudy Tonz, Joan Gindt, Phyllis Laabs-Darkow, Carol Maas,

Also Present: Kristen Hosking, RD, Aging & Disability Resource Center

CALLED TO ORDER

The meeting was called to order at 1:02 PM by Chairperson Rudy Tonz.

NOTICE OF POSTING

Notice of posting given by Chairperson Rudy Tonz.

APPROVAL OF AUGUST 26, 2010 MINUTES

Moved by Sue Hafert, seconded by Phyllis Laabs-Darkow to approve the August 26, 2010, minutes. Motion carried.

ITEMS FOR DISCUSSION AND POSSIBLE ACTION

Holiday Party Dates

Kristen informed the group that the Holiday party dates have been set. On Tuesday, December 7, the Kewaskum, Meadowbrook Manor and Jackson meal sites will have their party. And the party for the West Bend Senior Center, Germantown, Slinger and Hartford meal sites will be on Friday, December 10.

Holiday Meals

Kristen reported that the ADRC and the meal sites will be closed on the following dates: Thursday, November 25 and Friday, November 26; Thursday, December 23 and Friday, December 24; and Thursday, December 30 and Friday, December 31. Meal site participants will be able to order extra cold meals for those days. The meal site managers have received the extra cold meal order forms for the Thanksgiving holiday and they will be going out shortly.

The Council discussed other options available for a Thanksgiving meal. There will be a Thanksgiving meal provided in Jackson and West Bend for those who would otherwise be alone. Various Hartford churches will be hosting a Thanksgiving meal at the Hartford Senior Center.

The Council also discussed possible options for the holiday meal in December. Kristen gave them various entrées, side dishes and desserts to vote on. The meal site managers will be voting on the same options next week. The Council voted in favor of serving Pot Roast with mushroom bourbon sauce, some type of mashed potato, pea & pearl onions or peas and carrots, a nice dinner roll and strawberry shortcake torte.

ADRC Update

Kristen presented information from Linda Olson- the ADRC budget has passed through Finance and is now on to the County Board and pending approval. Linda also wanted to make the members aware that there is a public hearing scheduled for November 4 at 7:00 in the Government Center.

Medicare Part D - Kristen provided each Council member with a copy of the Medicare Part D schedule. This shows the dates, times and locations of where ADRC staff will be in the community. Appointments are also available at the ADRC office.

Health and Wellness - A Stepping On class is just finishing up in Jackson. The class was very successful. A Living Well class will be starting on November 3 at the West Bend Senior Center. There are still some spots available for this class.

Alzheimer's Detection - Kristen handed out a poster for a workshop presented by the Alzheimer's Association. The workshop is, "Know the 10 signs; Early Detection Matters". The workshop will be at the Public Agency Center on Monday, November 1, 2010.

Advocacy Update

Each Council member was provided with a National Council on Aging Issue Brief regarding the reauthorization of the Older Americans Act (OAA). It described the major programs funded under the OAA, new programs in the OAA and the funding situation.

Site Sharing

Sue Hafert reported that the Germantown senior club is having their Club Christmas Party on December 8. This party is for club members and their guests and the election of officers will occur.

Rudy Tonz stated the West Bend Senior Center is having a brat fry on October 22 from 10:00 AM – 2:00 PM. All proceeds will benefit the Senior Center. He also mentioned that the Senior Center has hired Bonnie Rapkin as their new director.

Carol Maas reported that the Hartford Senior Friends has newly elected Board members.

New business: Rudy Tonz informed the Council that he is resigning as Chairperson of the Nutrition Advisory Council. Moved by Rudy Tonz, seconded by Joan Gindt to nominate Sue Hafert for the position of Nutrition Advisory Council Chairperson. Motion carried. Sue accepted the nomination.

DESIGNATION OF FUTURE MEETINGS

The next meeting of the Nutrition Advisory Council will be held in April 2011 – date to be determined, in Room 1113 B of the Public Agency Center.

ADJOURNMENT

Motion Phyllis Laabs Darkow, seconded by Sue Hafert to adjourn the meeting at 2:15 PM. Motion carried.