

**MINUTES
MEETING NUTRITION ADVISORY COUNCIL
THURSDAY, SEPTEMBER 4, 2008
PUBLIC AGENCY CENTER, ROOM 1113 A**

THOSE PRESENT: Kristen Hosking, Phyllis Laabs-Darkow, Carol Bennett, Evie Thiemer, Sue Hafert, Marge Dailey-Salberg, Rudy Tonz, Betty Hallen, Shirley Larisch, Emily Ryan,

CALL TO ORDER

The meeting was called to order at 1:04 p.m. by Chairperson Rudy Tonz.

NOTICE OF POSTING

Notice of posting was given by Chairperson Tonz.

APPROVAL OF JUNE 26, 2008 MINUTES

Motion Shirley Larisch; second Sue Hafert to approve the minutes of the June 26, 2008 meeting. Motion Carried.

NUTRITION PROGRAM 2009:

Kristen Hosking reported that the nutrition program has to go out for bid every three (3) years. This is a federal requirement. The current three year bid process ends December 31, 2008. Therefore, the ADRC Senior Dining Program needed to bid for 2009 – 2011.

Bid packets were available to all caterers in August, with bids due back to the Washington County Purchasing Dept. by August 29, 2008. Three catering companies showed interest in the Washington County Senior Dining Program. The Council discussed the various caterers. Samaritan Health Center will be awarded the bid with approval from the ADRC Board.

Kristen reported that St. Joseph's Hospital will be dissolving their Meals on Wheels program. The Senior Dining Program will serve 18 individuals from this program and the hospital volunteers will pick these meals up from our Meadowbrook Manor meal site.

ADVOCACY UPDATE

Kristen provided the Council with information from the National Council on Aging (NCOA). NCOA stated this is a critical election year for the United States and wants all seniors to remember there is more at stake than just picking a president.

- 34 U.S. Senate seats are up
- Every seat in the U.S. House of Representatives is up for two years terms
- Many governorships and local seats are also up

Kristen gave each Council member a copy of "Proposed Candidate Questions" from the NCOA. This is a list of questions that affect seniors and other Older American Act issues.

Kristen also mentioned that the Appropriations Committee in the Senate is discussing a second stimulation package to help seniors on fixed incomes who are struggling with rising food and fuel costs.

OTHER BUSINESS

Marge Dailey-Salberg asked about resources for people with mental health concerns. Joyce Tuchscherer, ADRC Program Assistant, provided agencies and phone numbers covering mental health emergencies and support groups.

DESIGNATION OF FUTURE MEETINGS

The next meeting of the Nutrition Advisory Council will be held on Thursday, October 23, 2008, at 1:00 p.m. in Room 1113 A of the Public Agency Center.

ADJOURNMENT

Motion Carol Bennett; second Emily Ryan to adjourn the meeting. Motion Carried. Meeting adjourned at 2:16 p.m.