

**MINUTES
JOINT MEETING
NUTRITION ADVISORY COUNCIL AND ADVISORY COUNCIL ON AGING
THURSDAY, AUGUST 18, 2005
PUBLIC AGENCY CENTER, ROOM 1000 A**

THOSE PRESENT: Linda Olson, Rudolph Tonz, Emily Ryan, Marge Dailey-Salberg, Dorothy Blumer, Catherine McCaffrey, Jim McCaffrey, Evelyn Thiemer, Kristen Hosking, Nutritionist OOA

CALL TO ORDER

The meeting was called to order at 1:03 p.m. by Chairperson Dorothy Blumer.

NOTICE OF POSTING

Notice of posting was given by Chairperson Blumer.

APPROVAL OF JUNE 23, 2005 MINUTES

Motion Catherine McCaffrey; second Emily Ryan to approve the minutes of the June 23, 2005 meeting with correction to show that it was suggested that Cheryl go to the Senior Centers in Hartford and Germantown and that she cancels if no appointments are made. Also, it was noted that the milk for Senior Dining has not as yet been changed from 2% and skim to all 1% milk. Kristen reported that this will change soon. Motion Carried as Amended.

NUTRITION SERVICE BIDS FOR 2005 – 2008

The Federal Older Americans Act requires OOA to bid out the Washington County Senior Dining elderly nutrition program every three years. A cost break down of three bids was distributed. The bids include Samaritan, Taher and Watson's.

We are not considering Watson's because their bid is \$36,077 more than the lowest bid. The cost of Taher is comparable to our current caterer and we must consider this. They also do Waukesha County's elderly nutrition program, as well as several schools in Southeast Wisconsin.

Delivery concerns were expressed. Taher could be delivering from Oconomowoc. Taher's bid comes in \$1,222 lower than Samaritan.

Linda and Kristen visited a facility in Menomonee Falls and had a sample meal from Taher. The portion sizes were fine and the food tasted good. Contract requirements determine portion sizes.

There has been a lot of research done on the bids. They both have been responsive bidders and provided all bid requirements. Participants reported being satisfied with the meals. The decision comes down to whether we want to change and the cost of the contract.

The County code does not require us to give preference to a local vendor.

The Councils discussed the bids. There have been complaints regarding the current caterer and shortages. The Samaritan is close by, but when there are shortages we do not get a positive response from them.

The Councils expressed concern with Taher being on time with the delivery of food.

It was questioned that if a contract with a caterer doesn't work out, can the contract be cancelled. Linda explained that all contracts can be broken.

If we decided to go with Samaritan, Taher could appeal because they do have the lowest bid.

Kristen would send the monthly menu to Taher and they would make comments and suggestions. Taher has a regional manager in Menomonee Falls. They also do have registered dietitians and food service directors. They emphasize cooking from scratch and using fresh foods. They have an ingredient room with an employee who chops up fresh fruits and vegetables. They also have a hot food prep room with two employees. One employee makes the cold foods after they are cut up. Bakery items are not all store purchased. They bake breads on site.

There is a concern of distance of where the food is coming from. Kristen has spoken to clients who use Taher and they are pleased with them. Although, they described a rough transition at the beginning.

Linda asked the Councils for a recommendation to take to the Health and Aging Committee. Motion Carried to recommend Taher for the Washington County Senior Dining catering service with a 6-2 roll call vote.

2006 BUDGET

Linda Olson distributed the Office on Aging Budget Comparison. The comparison included the 2005 Budget, Estimated 2005 budget and proposed budget for 2006.

The Office on Aging would like to increase health screening services i.e. foot health, tai chi, exercise, etc. at the West Bend and grant the Hartford Senior Center.

The Councils discussed donations for Senior Dining and Home Delivered meals. There are more people receiving home delivered meals. Also, there has been more funding through the Community Options Program.

Meadowbrook Manor pays for health screenings through a portion of nursing services. CCSA pays us for a portion of adult care. Alzheimer's clients have a cost share. Other revenues include senior identification card fees, postage, etc.

Highlights of 2006 Office on Aging Budget include expansion of a ¾ time program assistant to full time. The second decision item is to provide operating assistance to the senior Center in Hartford in the amount of \$5400. The third decision item is to provide funding for additional Health and Wellness services throughout Washington County in the amount of \$4700. The fourth decision item is to provide \$1700 to continue the Alzheimer's caregiver support services as in 2005.

The Councils discussed the fact that not all fees are covered by the public to providers, for i.e. foot care, and funding is provided through Health and Wellness. This is valuable in keeping people independent.

Report summaries include OOA services from 2001 – 2005 and how they have increased. Home Delivered meals have increased. Congregate meals have remained steady. The Benefit Specialist cases have also increased because of SeniorCare and Medicare Part D.

The outcome of services and what they have brought into the county in revenues was reported. Included are Benefit Specialist/Legal Assistance, Nutrition Services and Supportive Services. The percentage of high risk persons who improved because of nutrition services and the percentage of participants to maintain independence because of supportive services were reported.

A Health Promotion/Prevention Services worksheet was also distributed and discussed.

SENIOR CENTER FUNDING

The Germantown Senior Activity did not make a funding request to the Health and Aging Committee. The Hartford and West Bend Senior Centers did make requests.

The Senior Centers expect to grow in the future. They are now out growing spaces. It was noted that Germantown could use lighter tables.

Motion Rudy Tonz; second Marge Dailey-Salberg to recommend the 2006 Office on Aging budget to the Health and Aging Committee. Motion Carried

A schedule of upcoming Medicare Part D presentations was distributed. Nancy Bindas, Office on Aging, explained RX Gold to the Councils.

On Wednesday, August 31, 2005, at 7:00 p.m. Wisconsin Public Television will present "Open Road: America Looks at Aging". The program looks at 77,000,000 Baby Boomers becoming senior citizens. During the program a phone bank will be open at 1-800-348-9528. Experts from Wisconsin aging programs will be available to answer questions.

Linda distributed copies of the Caregiver Family Support Group newsletter. The group meets the third Tuesday of each month.

Information regarding the upcoming class, "Powerful Tools for Caregiving", which is coming up in September, was distributed. It will be offered in a six week session beginning September 12 weekly through October 17.

The next meeting will be on Thursday, October 27, 2005 at 1:00 p.m. in Room 1000 A of the Public Agency Center. This will be a joint meeting of the Nutrition Advisory Councils.

ADJOURNMENT

Motion Catherine McCaffrey; second Evelyn Thiemer to adjourn the meeting. Motion Carried. Meeting adjourned at 2:32 p.m.