

MINUTES
MEETING NUTRITION ADVISORY COUNCIL
THURSDAY, JUNE 25, 2009
PUBLIC AGENCY CENTER, ROOM 1113-A

THOSE PRESENT: Emily Ryan, Carol Bennett, Sue Hafert, Rudy Tonz, Phyllis Laabs-Darkow, Kristen Hosking.

CALL TO ORDER

The meeting was called to order at 1:07 PM by Chairperson Rudy Tonz.

NOTICE OF POSTING

Notice of posting given by Chairperson Tonz.

APPROVAL OF APRIL 23, 2009 MINUTES

Motion Phyllis Laabs Darkow; second Rudy Tonz to approve the minutes of the April 23, 2009 minutes. Motion Carried.

SENIOR FARMERS' MARKET PROGRAM

Kristen informed the Council that the ADRC of Washington County received 221 sets of vouchers this year for the program. To qualify for farmers' market coupons, one must be: 60 years of age or older and have a monthly income of at or below \$1,670 for a one person household or at or below \$2,247 for a two person household. The coupons provide \$25 for seniors to purchase locally grown fruits and vegetables. As of this date, vouchers have been distributed at 12 locations throughout the county.

SENIOR DINING MEAL SITE ASSESSMENTS

Each meal site must be assessed for food sanitation/safety on a yearly basis. For those meal sites that have a Council representative, Kristen will be contacting them to set up a time to complete the yearly assessment. Council members are encouraged to participate in the assessments of meal sites.

HOME DELIVERED MEALS

Kristen shared an example of a new sticker that will be placed on all home delivered meals. The sticker will include instructions on refrigerating the meal if not eaten within two (2) hours and will also include the date the meal was delivered.

SENIOR DINING MENU

Council members were reminded that the summer Senior Dining menus will include theme meals that correspond with the ethnic festivals taking place in Milwaukee. Council members brought up the concern that some of the vegetables have been mushy; especially some of the vegetable blends.

ADVOCACY INFORMATION

Kristen informed Council members that the National Council on Aging (NCOA) hosted a policy breakfast on Capitol Hill to release the findings of a chronic care findings study. “Chronic disease accounts for more than 75% of the nation’s \$2 trillion medical care costs” and according to NCOA, a key element for health care reform around chronic care resides in community-based programs that focus on self-care. The council then discussed the prevention programs that are provided in Washington County, as they are community-based programs.

SHARING OF SITE INFORMATION

Emily Ryan reported that Jackson is getting a new Community Center.

Sue Hafert, Germantown, reported that the Senior group recently hosted their club picnic and they had 80+ people in attendance. She also reported that as of July 1, 2009, the Germantown Senior Center will no longer have a director due to budget shortfalls.

Rudy Tonz, West Bend, reported the West Bend Senior Center will be hosting their annual 4th of July picnic. They will have food and entertainment available and everything begins at 3:00 pm. Rudy also reported that the Senior Center has hired a new director.

Carol Bennett, Hartford, reported that the Hartford Senior Center has also hired a new director.

DESIGNATION OF FUTURE MEETINGS

The next meeting of the Nutrition Advisory Council will be held on Thursday, August 27, 2009 in Room 1113-A of the Public Agency Center, 333 E. Washington St., West Bend, WI 53095.

ADJOURNMENT

Motion Sue Hafert; second Phyllis Laabs-Darkow to adjourn the meeting. Motion Carried.
Meeting adjourned at 2:36 p.m.