

MINUTES

JOINT MEETING

NUTRITION ADVISORY COUNCIL AND ADVISORY COUNCIL ON AGING

THURSDAY, MAY 25, 2006

PUBLIC AGENCY CENTER, ROOM 1113 A

THOSE PRESENT: Kristen Hosking, Evelyn Thiemer, Dorothy Blumer, Carol Bennett, Shirley Larisch, Rudolph Tonz, Cathie McCaffrey, Jim McCaffrey, Mary Secor, Marge Dailey-Salberg, Brad Peele and Pat Pallworth – SEWAAA

NOTICE OF POSTING

Notice of posting was given by Chairperson Dorothy Blumer.

APPROVAL OF OCTOBER 27, 2005 MINUTES

Motion Shirley Larisch; second Evelyn Thiemer to approve the minutes of the October 27, 2005 meeting. Motion Carried.

SENIOR DINING PROGRAM REPORT:

Kristen reported the total number of home delivered and congregate meals served in 2005. Total number of congregate meals served: 24,426. Congregate meals have remained fairly steady. Total number of home-delivered meals served for 2005: 46,984. The Home-delivered meal count continues to increase.

Meal participants remain happy with the meals served. Kristen will survey both the congregate and home-delivered meal participants this summer to check on how things are going with the meals and to obtain feedback about the program.

Cookouts will happen again at the meal sites. Site managers are in the process of choosing dates for their cookouts and Jerry will grill the sites choice of either brats, hamburgers or hot dogs. So far Slinger and Meadowbrook Manor have their cookouts set.

The program may see a change in milk choices this summer. This has been discussed in the past and both the council and site managers are in agreement of changing all of the milk to 1%.

ADVOCACY REPORT, BRAD PEELE, SEWAAA

Brad Peele and Pat Pollworth from SEWAAA attended the meeting to inform the Councils about the need for senior advocates. SEWAAA currently has their own legislative committee that meets monthly to discuss current and upcoming legislature. The committee is ISSUE driven and not Republican/Democrat driven. Washington County's 60+ population is growing by leaps and bounds and it is important that we do not lose additional funding. Often times, older adults do not hear about new legislation until it is already passed.

Pat explained President Bush's proposal of a 2% decrease in Older Americans Act funding which would greatly affect our services. She encouraged all older adults to engage in legislation....older adults need to let their legislators know how you feel about issues that affect them.

Pat and Brad are looking for advocacy volunteers whose job would be informing other seniors about upcoming legislation. Information about the legislation would be given in laymen terms

and exact Bill numbers would be given. They are hoping that the nutrition advisory council members would either join the efforts or find someone at their site that would be willing to be the advocate volunteer. No monthly meetings are required. The volunteers would just need to pass along important information to their peers so the information reaches all parts of Washington County. The advocacy volunteers would inform meal sites about upcoming/proposed legislation that affects older adults. That information would then be put in newsletters, given out at meal sites, etc. The goal is to use our voices so legislators know what we are thinking.

Brad brought a copy of SEWAAA's "News & Views" newsletter that updates seniors on current events, community resources, etc. To receive the newsletter on a regular basis, give Kristen your contact information and she will give a list to SEWAAA. Anyone interested in being an advocacy volunteer can contact SEWAAA directly or give names to Kristen.

Phone numbers were given to reach Senators in the House of Representatives. Call 1-800-459-1887, tell them your zip code and they connect you to the appropriate Congress person/Senator or call 1-800-362-9472 for State representatives.

ADD LIFE PROGRAM FOR SENIOR DINING:

Kristen explained the Add Life slogan that is being used in Senior Dining programs across the state. The goal is to have a recognizable slogan so when seniors see "Add Life"; they know they can get services at that organization.

Add Life stands for: add laughter, independence, friends and energy. A resource booklet was given to each senior dining program with ideas on how to incorporate this new promotion.

The Councils also discussed ways to increase congregate participation. Marge recommended a "welcoming committee". The sites need someone to act as a greeter so new people (and current participants) feel welcome and they want to come back. Cathy suggested round tables to enhance interaction and conversation. Shirley suggested the site managers assign someone to be the "greeter of the day".

The Councils will brainstorm on ways to increase participation and these ideas will be discussed at the next meeting.

DESIGNATION OF FUTURE MEETINGS

The next meeting of the Nutrition and Advisory Councils will be held on Thursday, June 22, 2006 at 1:00 p.m. in Room 1000 A of the Public Agency Center.

The Councils discussed meeting dates for the remainder of the year. The Councils will meet also on Thursday, August 24, and on Thursday, October 26, 2006 at 1:00 p.m.

ADJOURNMENT

Motion Shirley Larisch; second Carol Bennett to adjourn the meeting. Motion Carried. Meeting adjourned 2:25 p.m.