

MINUTES
MEETING NUTRITION ADVISORY COUNCIL
THURSDAY, APRIL 23, 2009
PUBLIC AGENCY CENTER, ROOM 1113 A

THOSE PRESENT: Rudy Tonz, Phyllis Laabs-Darkow, Evelyn Thiemer, Betty Hallen, Carol Bennett, Ruth Miskinis, Kristen Hosking

CALL TO ORDER

The meeting was called to order at 1:05 p.m. by Chairperson Rudy Tonz.

NOTICE OF POSTING

Notice of posting given by Chairperson Tonz.

APPROVAL OF OCTOBER 23, 2008 MINUTES

Motion Phyllis Laabs-Darkow; second Evelyn Thiemer to approve the minutes of the October 23, 2009 meeting. Motion Carried.

ADRC UPDATE

Kristen informed the Council that a new Information and Assistance Specialist has been hired and there is currently a posting for another I&A specialist. She also informed the Council that a satellite ADRC office will be opening in Germantown on May 12, 2009. The satellite office will be open on Tuesdays and Thursdays from 10:30 AM-4:30 PM. The phone number for this office is 262-345-5003 and it will be staffed by either an I&A Specialist or one of the Benefit Specialists.

Kristen reminded the Council that the Washington County ADRC is now under a state-wide area agency on aging. The new name of the agency is Greater Wisconsin Agency on Aging Resources (GWAAR). The Council received a copy of GWAAR's first newsletter.

HEALTH AND WELLNESS PROGRAMS

The Living Well with Chronic Conditions class is currently going in West Bend, at Cedar Ridge Apartments.

Kristen discussed the Stepping On program. There is a possibility that Washington County may work with the Medical College of Wisconsin regarding this program. The Medical College of Wisconsin is applying for a grant and would list Washington County as a partner.

ADVOCACY INFORMATION

Kristen reminded the Council that Senior Care will be available through December 2009. The Council members were provided with a letter from the National Council on Aging, which was asking older adults to contact their legislators and ask for a 12% increase in Older Americans Act funding for FY 2010.

2009 SENIOR FARMERS' MARKET

Kristen informed the Council that Washington County will take part in the Senior Farmers' Market program again this year. Vouchers generally arrive in the ADRC by early June and will be distributed throughout the county the middle of June. Washington County will receive 215 sets of vouchers this year, but the income guidelines are not yet out.

SHARING OF SITE INFORMATION

Carol Bennett reported that the Senior Friends dues went up to \$30 per year. She also stated the senior center director was leaving her position and they were currently accepting applications.

Rudy Tonz reported that the West Bend Senior Center director has retired and they are also in the process of hiring a new director. He also stated that the recent English Tea party was a success.

DESIGNATION OF FUTURE MEETINGS

The next meeting of the Nutrition Advisory Council will be held on Thursday, June 25, 2009 at 1:00 p.m. in Room 1113 A of the Public Agency Center, 333 E. Washington St., West Bend, WI 53095.

ADJOURNMENT

Motion Carol Bennett; second Phyllis Laabs-Darkow to adjourn meeting. Motion Carried.
Meeting adjourned at 2:18 p.m.