

1 **AGING AND DISABILITY RESOURCE CENTER BOARD**

2
3 Public Agency Center
4 West Bend, WI

December 11, 2008
1:00 p.m.

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6 **PRESENT:** Charlene Brady, Melvin Ewert, William Meyers, Bette Koch, Lori Luetschwager, and
7 Alan Peters

8
9 **EXCUSED:** Joan Russell, and Sandy Zopf.

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11 **ALSO PRESENT:** Linda Olson, ADRC Director, Kim Adams, Adult Protective Services Worker,
12 Chief Deputy County Clerk Mary G. Lemke.

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14 Chairperson Brady called the meeting to order at 1:00 p.m. and read the Affidavit of Posting.

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16 **MINUTES**

17 Moved by Mr. Ewert, seconded by Mr. Peters to approve the October 23, 2008, minutes as presented.
18 Motion carried.

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20 **UPDATE ON SE WI AREA AGENCY ON AGING STRUCTURE**

21 Ms. Olson updated the committee on SE WI Area Agency on Aging Structure.

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23 **HEALTH & WELLNESS UPDATE**

24 Ms. Olson informed the Committee that Kristen Hosking is in Washington D.C. and that she will give
25 the Health & Wellness Update.

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27 Ms. Olson explained the following:

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29 1. “Stepping On” is a Falls Prevention Class. Six out of seven weeks this class has a guest
30 speaker. Individuals get one on one time with a physical therapist; a pharmacist is there from
31 St. Joseph’s Hospital to talk about medications, etc. This class only takes ten participants at
32 a time.
- 33
34 2. Living Well with Chronic Condition Class. The goal is to get the participants to self manage
35 their chronic condition rather than calling doctors, nurses and clinics. It teaches them the
36 importance of nutrition and physical activity, the importance of planning for the future, such
37 as living wills, managing stress and how to take medications appropriately.

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39 Ms. Olson informed the Committee that Wisconsin ranks second in the nation on deaths due to falls.

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41 **ADULT PROTECTIVE SERVICES REPORT**

42 Appearance: Kim Adams, Adult Protective Services Worker

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44 Ms. Olson introduced Kim Adams who has been with ADRC since June of 2008.

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46 Ms. Adams gave an overview of what Adult Protective Services entails. Reporting of suspected abuse
47 (physical abuse, sexual abuse, material abuse) or neglect and/or self neglect of persons 60 and over or
48 any adult with a physical, cognitive or developmental disability. Adult Protective Services will
49 investigate reports and offer services to ensure the safety and well being of the subject.

1 Ms. Adams also stated that she responds to complaints and problems of resident or recipients of long
2 term care such as nursing homes, CBRF's and group homes, such things as quality of care, resident's
3 rights, physical abuse and neglect, and chemical restraints, etc. can all be investigated.

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5 **ADRC UPDATE**

6 Ms. Olson updated the committee on the Aging, Disability & Resource Center.

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8 **DESIGNATION OF FUTURE MEETING DATES**

9 The ADRC Board will meet on Thursday, January 8, 2009, at 1:00 p.m.

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11 **ADJOURNMENT**

12 Moved by Mr. Ewert, seconded by Mr. Peters to adjourn the meeting at 2:07 p.m. Motion carried.

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Brenda J. Jaszewski, County Clerk