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OCTOBER IS BREAST CANCER AWARENESS MONTH



The Washington County Health Department and the Wisconsin Well Women Program (WWWP) encourages you to wear a “pink” ribbon during the month of October. Free screenings are available for women 45 – 64 with limited incomes, no insurance or not enough insurance. Age 35-44 limited enrollment. Call 306-2231 to inquire.

The “pink” ribbon stands for REMEBRANCE and HOPE.

REMEBRANCE of the women we know who have had breast cancer or are living with it now.

HOPE that someday, there will be a way to prevent and cure breast cancer.

Any woman can get breast cancer.

Right now, the best way to fight breast cancer is to find it early when there is a good chance of getting well and living a full life.

“Pink” ribbon reminders:

- ✓ Taking care of our bodies is important
 - ✓ Getting regular mammograms starting at age 40 helps protect our lives
 - ✓ A mammogram can fins early stage breast cancer that is more easily and successfully treated
 - ✓ From age 20 and on, do self-breast exams at the same time every month
 - ✓ Report any lumps or changes to your healthcare provider
- ✓ Get a clinical breast exam by a healthcare professional every 3 years for ages 20-39 and annually for ages 40 and over.

REMEMBER: Early detection is out best protection!