



These Breastfeeding-Friendly Worksites are recognized for their exceptional efforts to support breastfeeding employees.



1900 South 18th Ave.
West Bend, WI 53095
262-334-5571
www.thesilverlining.com



432 E. Washington St.
West Bend, WI 53095
262-335-4400
www.co.washington.wi.us

What can my business do to become “Breastfeeding-Friendly”?

- Provide breastfeeding employees a flexible break to nurse their infants or express their milk.
- Provide a private, clean area for breastfeeding or milk expression. (Note: a restroom is not a sanitary or private area.)
- Provide a safe, clean, and cool place or container to store expressed breastmilk. A refrigerator works well or a mother can bring her own cooler from home.
- Have a written policy supporting breastfeeding mothers in your worksite.
- Implement a worksite lactation program. This can include such things as:
 - Employer-provided breastfeeding education classes and support groups
 - A lactation consultant or counselor
 - Information on breastfeeding resources in the community
 - On-site hospital-grade electric pump for employee use (employees provide own attachment kits)
- Contact Washington County Breastfeeding Coalition for training and information on making your business breastfeeding friendly. 262-335-4464 or 262-335-4741.

What is the benefit to being a Breastfeeding-Friendly employer?

- Healthy mothers and babies can save health care dollars and improve productivity among your employees. Breastfeeding is proven to promote better health among mothers and children...an investment in improving your company’s bottom line!