


WASHINGTON COUNTY SENIOR DINING

MEALS FOR OCTOBER 1-31, 2019

CALL 262-335-4497 or 1-877-306-3030 FOR RESERVATIONS 1 DAY IN ADVANCE BY 12:00 P.M.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	10-1-19	10-2-19	10-3-19	10-4-19
	STUFFED GREEN PEPPER* SEASONED SLICED POTATOES KEY LARGO BLEND VEGGIES RASPBERRY MOUSSE CAKE ALT: DIET JELLO	CHICKEN PHILLY SANDWICH W/ ONIONS & PEPPERS ON WHEAT ROLL BUTTERED RED POTATOES COUNTRY MIX VEGETABLES STRAWBERRY ICE CREAM	BREADED VEAL PATTY MASHED POTATOES WITH GRAVY WINTER BLEND VEGGIES APPLE SLICES WITH CARAMEL DIP WHOLE WHEAT BREAD LEMON PUDDING CAKE ALT: FRUIT PUDDING	TUNA NOODLE CASSEROLE WITH PEAS CARROT COINS FRUIT COCKTAIL BANANA MUFFIN CHOCOLATE MILK ALT: DIET COOKIE
10-7-19	10-8-19	10-9-19	10-10-19	10-11-19
ROAST TURKEY CUBED SWEET POTATOES GREEN BEANS WHOLE WHEAT DINNER ROLL PUMPKIN PIE ALT: DIET PIE	MEATLOAF PATTY TWICE BAKED MASHED POTATOES WITH GRAVY BRUSSEL SPROUTS BANANA NINE GRAIN BREAD CHOCOLATE CHIP COOKIE ALT: DIET COOKIE	SPAGHETTI & MEATSAUCE* MIXED VEGETABLES ROMAINE LETTUCE SALAD WITH ITALIAN DRESSING CHEESECAKE WITH FRUIT TOPPING CHOCOLATE MILK ALT: DIET PUDDING	GARLIC BAKED COD MINI POTATO PANCAKES WITH APPLESAUCE SPRING BLEND VEGETABLES MARBLE RYE BREAD PEANUT BUTTER KRISPY TREAT ALT: DIET COOKIE	HOMESTYLE BREADED CHICKEN ON A BUN MAYO PACKET AUGRATIN POTATOES SUGAR SNAP PEAS CHILLED PEACHES DANISH ALT: DIET JELLO
10-14-19	10-15-19	10-16-19	10-17-19	10-18-19
SOUTHWEST SLOPPY JOE CASSEROLE* WITH SOUR CREAM PACIFIC BLEND VEGETABLES CHILLED APRICOTS ANGELFOOD CAKE WITH STRAWBERRIES CHOCOLATE MILK	CHICKEN CORDON BLEU* SLICED RED POTATOES GREEN BEANS TROPICAL FRUIT CUP WHOLE WHEAT BREAD BROWNIE ALT: DIET COOKIE	ROAST PORK HOT GERMAN POTATO SALAD SCANDINAVIAN BLEND VEGGIES FRESH GRAPES PUMPERNICKEL BREAD ICE CREAM SUNDAE CUP	LIVER AND ONIONS ALT: SALISBURY STEAK GARLIC MASHED POTATOES WITH GRAVY DILLED CARROT COINS NINE GRAIN BREAD APPLE SLICES WITH CARAMEL DIP	FRENCH DIP SANDWICH PARSLIED POTATOES WHOLE KERNEL CORN TOMATO & ONION SALAD FROSTED SPICE CAKE ALT: PEACHES
10-21-19	10-22-19	10-23-19	10-24-19	10-25-19
BEEF STROGANOFF OVER EGG NOODLES CALIFORNIA BLEND VEGGIES CUCUMBER SALAD FRUITED JELLO M&M COOKIE ALT: DIET COOKIE	CHICKEN ALA KING OVER BROWN RICE ITALIAN BEANS FRESH PINEAPPLE BLUEBERRY MUFFIN ALT: FRUIT COCKTAIL	POT ROAST SOUR CREAM & CHIVE MASHED POTATOES WITH GRAVY BRUSSEL SPROUTS PEACHES NINE GRAIN BREAD GERMAN CHOCOLATE CAKE ALT: DIET PUDDING	RING BOLOGNA* AUGRATIN POTATOES PEAS & PEARL ONIONS MANDARIN ORANGES MULTIGRAIN BREAD COCONUT CAKE CHOCOLATE MILK ALT: PEARS	BAKED COD BAKED POTATO WITH SOUR CREAM CREAMY COLESLAW MARBLE RYE BREAD LEMON BAR ALT: DIET COOKIE
10-28-19	10-29-19	10-30-19	10-31-19	
BREADED PORK CUTLET GARLIC MASHED POTATOES WITH GRAVY HARVARD BEETS WHOLE WHEAT BREAD APPLE COBBLER ALT: APPLESAUCE	CHEESEBURGER PASTA BAKE LAGUNA BLEND VEGGIES FRESH CAULIFLOWER WITH RANCH FRUIT COCKTAIL SNICKERDOODLE COOKIE CHOCOLATE MILK ALT: DIET COOKIE	BBQ CHICKEN BREAST* CUBED SWEET POTATOES BROCCOLI FLORETS CHILLED PEARS CORNBREAD MUFFIN PECAN PIE ALT: DIET PIE	SPOOKY SALISBURY STEAK MONSTER MASHED POTATOES WITH GRAVY GHOULISH GREEN BEANS CAULDRON CITRUS CUP WEREWOLF WHEAT BREAD CHILLING CHOCOLATE ICE CREAM	<h3>Senior Dining</h3>  <p>“Feeding the Whole Person” for 40 Years</p>

ALT = NO CONCENTRATED SWEETS DESSERT
* = LOWER SODIUM ALTERNATE AVAILABLE

This program is a volunteer driven program. Every possible effort will be made to provide you with the meal that you ordered.
All meals include an 8 oz carton of 1% milk