



When to Wash Your Hands

- Before you start working
- After using the restroom
- After blowing your nose or sneezing
- After touching sores or bandages
- After eating or smoking
- After handling garbage
- After handling dirty dishes
- Between handling raw and cooked foods
- Before handling clean utensils, dishes or single service items
- After touching your face or hair
- After any absence from the work station
- Prior to and after using gloves in food preparation