

# Helpful Internet Sites for Information on Pregnancy, Parenting and Breastfeeding :

## General information:

[www.americanpregnancy.org](http://www.americanpregnancy.org)  
[www.webmd.com/baby](http://www.webmd.com/baby)  
[www.babycenter.com](http://www.babycenter.com)  
[www.marchofdimes.com/pnhec/pnhec.asp](http://www.marchofdimes.com/pnhec/pnhec.asp)  
[www.kellymom.com](http://www.kellymom.com)  
[www.whattoexpect.com](http://www.whattoexpect.com)  
[www.parentingweekly.com](http://www.parentingweekly.com)  
[www.pregnancy.org](http://www.pregnancy.org)  
[www.pregnancy.com](http://www.pregnancy.com)  
[www.workandpump.com](http://www.workandpump.com)  
[www.breastfeeding.com](http://www.breastfeeding.com)  
[www.nlm.nih.gov/medlineplus/pregnancy.html](http://www.nlm.nih.gov/medlineplus/pregnancy.html)  
[www.motherwear.com/br/bfguide.cfm](http://www.motherwear.com/br/bfguide.cfm) - Breastfeeding Guide

## Teen Specific

[www.teenbreaks.com](http://www.teenbreaks.com)  
[www.womenshealthchannel.com/teenpregnancy](http://www.womenshealthchannel.com/teenpregnancy)  
[www.kidshealth.org/teen](http://www.kidshealth.org/teen)  
[www.nlm.nih.gov/medlineplus/teenagepregnancy.html](http://www.nlm.nih.gov/medlineplus/teenagepregnancy.html)

## For Grandparents

[www.parentingweekly.com/grandparents](http://www.parentingweekly.com/grandparents)  
[www.kidshealth.org/parent](http://www.kidshealth.org/parent)

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