

The annual Counties Rankings compare all 72 WI counties and the City of Milwaukee—the Board of Health goal is to remain in the top quartile or 25%



**Health Outcomes** are based on mortality & general health status

2006—7th best of 73

2007—8th best of 73

2008— 6th best of 73

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**Health Determinates** are based on health care, health behaviors, socioeconomic factors & the physical environment

2006—3rd best of 73

2007—4th best of 73

2008—3rd best of 73



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**2006-2010 Washington County Community Health Improvement Plan Priorities**

- Obesity: nutrition & physical activity
- Addictions: tobacco, alcohol & other drugs
- Preparedness: proactive measures

## Healthy Washington County 2006-2010

The federal health plan, *Healthy People 2010*, is designed to focus on increasing quality and years of healthy life while eliminating health disparities. Wisconsin and Washington County also have similar plans that contain health indicator categories impacting many diseases & injuries.



Health Indicator Categories:

- Access to health services
- Nutrition
- Alcohol abuse
- Environmental Health
- Communicable Diseases
- High risk sexual behavior
- Injuries and violence
- Mental Health
- Physical activity and Obesity
- Social and Economic factors
- Tobacco

**Progress has been made in all 3 priority areas, but efforts need to continue—Complete statistics available on [www.co.washington.wi.us](http://www.co.washington.wi.us) under Health Department documents**

Obesity: nutrition & physical activity

Community Coalition: **Healthy People Project of Washington County**

- From 2003 to 2008 there has been a statistical increase in % of adults reporting moderate physical activity 5X/wk (25% to 42%)
- Adults reporting 2+ servings of fruit /day went from 61% in 2005 to 64% in 2008\*
- Adults reporting 3+ servings of vegetables went from 23% in 2005 to 28% in 2008\*
- 2008 Farmers Markets developed at 3 worksites to promote fruit & vegetable consumption by coalition



\* not statistical significant change in a phone survey of 400 adults

Addictions: tobacco, alcohol & other drugs

Community Coalitions: **Tobacco Free Washington County and Prevention Network Coalition**

- Adults reporting current smoking went down from 20% in 2005 to 17% in 2008\*
- In 2008, 81% of adults reported smoking is not allowed inside their homes and 77% reported smoking is not allowed in any area at work—that compares with 75% in both areas statewide
- From 2005 to 2008 there was a statistical decrease in overall % reporting someone in household experienced a problem connected with drinking in past year



Preparedness: proactive measures

Community Coalition: **WC All Hazards Preparedness Coalition**

- 2006 phone survey repeated in 2008 showed statistical improvements in
  - Overall % of respondents who reported their community was very well prepared for disaster
  - Overall % who reported they would likely stay home & restrict movement or receive medication in
  - Overall % who reported they had a medical release form completed for minor children when they are not available

